

Pre-Peel Advice

- Consult with your clinician if you are pregnant, breastfeeding or taking medication for your skin.
- Do not expose your skin to the sun for at least 2-weeks before treatment.
- Do not use tanning beds for at least 2-weeks before treatment.
- Do not undergo any other facial treatment for 2-weeks before a chemical peel treatment. This includes dermaplaning, micro-needling, laser, facial fillers, and waxing/threading.
- It is recommended that you temporarily discontinue the use of Retin-A, Renova, Differin, and EpiDuo a week before treatment. Products that contain high percentages of AHA and BHA (Glycolic Acid, Salicylic Acid) and all retinoids that are not part of PCA SKIN®'s daily care range should be avoided for approximately 5-days before treatment. Please consult with your clinician before discontinuing prescription medications.

Post-Peel Advice

For up to 14 days following your treatment, your skin may feel tight, sensitive, and dry. You may also experience mild flaking skin. This is all normal. To avoid the risk of complications, please follow the below advice.

- Do not wash your face for at least 10 hours post-treatment.
- Avoid direct sunlight and do not use a tanning bed for at least 2-weeks post-treatment.
- Keep the skin cool - avoid the heat, excessive exercise and swimming/steam room/sauna for up to 14-days post-treatment.
- Use the post-procedure products supplied by your clinician only. Do not use facial oils, or aqueous/emollient creams and avoid high percentages of AHA and BHA products for up to 14-days post-treatment.
- Do not undergo any facial treatments for at least 2-weeks post-treatment. This includes dermaplaning, micro-needling, laser, facial fillers, and facial waxing/threading.
- Do not pick or pull peeling skin.
- Protect your skin with broad-spectrum SPF 50+