

PRESTIGE AWARDS

CENTRAL ENGLAND 2025/26

WINNER



MEDICAL AESTHETICIAN OF THE YEAR

Charli Clarke

G+T AESTHETICS

Built on a philosophy of empowerment rather than perfection, G&T Aesthetics is redefining modern self-care. Guided by clinic director and lead practitioner Charli Clarke, the Stamford-based clinic offers aesthetics and wellness-focused therapies through a patient-centred approach that ensures clients understand the reasoning behind each treatment. This focus on education, transparency and informed choice helps people make confident decisions that support their health, confidence and overall balance. By prioritising trust, honesty and personal connection, the business creates an environment where people feel valued, informed and genuinely supported. Its client-first ethos inspires loyalty with care.

The judges were impressed by its ethical, compassionate ethos, where patient wellbeing is prioritised over unnecessary treatments. Led by Charli Clarke, the clinic places strong emphasis on honesty, meaningful client relationships and a calm clinical environment where individuals feel understood and supported. Her integration of advanced medical technologies and clinically proven consumables ensures treatments are both safe and effective, while her consistent focus on education strengthens trust and enhances the client experience. Beyond aesthetics, the judges also recognised the commitment to improving energy, confidence and overall quality of life.



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With plans to expand into longevity and specialist healthcare, G&T Aesthetics Ltd is a modern wellness brand delivering client-first care with integrity and purpose.

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