

### **Jett Medical Plasma Pen Aftercare Advice**

- Avoid retinol, and all chemical and physical exfoliants 2 weeks before and after treatment.
- Right after treatment apply a Hyaluronic acid serum (or LiftVital serum) to promote healing (at least twice a day) after gentle cleansing for at least 7-days.
- We also advise the use of colloidal silver for anti-bacterial and antibiotic like factors and an Aloe Vera gel to cool and relieve the area a minimum of 2x per day.
  - An anti-inflammatory is fine to take at least 4-hours after treatment
  - Use a hydrating HA mask to sooth and hydrate skin in treated area.
- Elevate head on pillows to help reduce the swelling in the treatment region and to assist with lymphatic drainage.
- Treatments can be repeated as often as you require to achieve the desired outcome. Treatment sessions should be spaced at least 7-10 days apart depending on your skins healing process.
- Severely hypertrophic scars may require more than one treatment session; they can be treated again after 14-days following the first treatment and levelled out to the surrounding skin during the second session.
  - Clients should cool the area for at least 2 hours each day for the first 3 days.
  - Exposure to sunlight is forbidden for a few weeks prior to treatment (we recommend at least 1 month). It is necessary to apply sun cream with SPF+50.
    - If a cover up cream is desired VISCODERM cover-up is recommended.

#### **What the patient can expect:**

##### **2 – 3 days after treatment:**

A little scab & swelling.

##### **4 days after treatment:**

Separating and peeling of the scabbed areas.

##### **5 – 8 days after treatment:**

Scab will fall off; it is now possible to apply normal makeup to the area. Please check in with your practitioner 1-2 weeks after treatment with an update.

#### **Legion removal post treatment advice:**

##### **5 – 8 days after treatment:**

The scab will fall off, it is now possible to apply normal makeup to the area. If the lesion is extensive, healing could last longer (for roughly another 2-weeks).