**Jalupro Aftercare Instructions**

* If Jalupro is used in areas that are exposed to the sun, it is preferable to stay indoors for a few days post-treatment.
* Avoid the use of face powder and make-up for 48 hours.
* Avoid strenuous exercise or conditions that cause excessive sweating.
* If you have had the treatment in the face or neck region, sleep in an elevated position.
* Make sure your face receives as much ventilation as possible.
* Avoid alcohol and drink a lot of water, this will keep you hydrated and enable the dermal solution to work to your skin’s advantage.
* If you are on a special diet or medication, do let your practitioner know.