

PCA skin®

Trust the experts

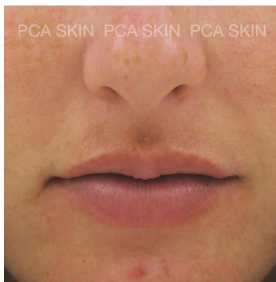
your pre  
and post  
treatment guide

# Pre Peel Advice

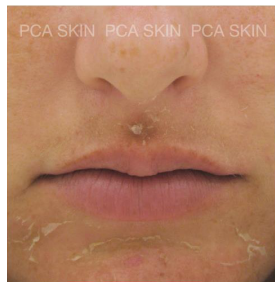
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- Consult with your clinician if you are pregnant, breastfeeding or taking medication for your skin.
- Do not expose your skin to the sun for at least 2 weeks before treatment.
- Do not use tanning beds for at least 2 weeks before treatment.
- Do not undergo any other facial treatment for 2 weeks prior to a chemical peel treatment. This includes dermaplaning, microneedling, laser, facial fillers and facial waxing/threading.
- It is recommended that you temporarily discontinue the use of Retin-A, Renova, Differin, EpiDuo for a week before treatment. Products that contain high percentages of AHA and BHA (Glycolic Acid, Salicylic Acid) and all retinoids that are not part of PCA SKIN®'s daily care range should be avoided for approximately 5 days before treatment. Please consult with your clinician before discontinuing prescription medications.

before



after four days  
(during the peeling process)



the reality of having a chemical peel

# Post Peel Advice

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For up to 14 days following your treatment your skin may feel tight, sensitive, dry and you may experience mild flaking skin. This is normal. To avoid the risk of complications, please follow the below advice.

- Do not wash your face for at least 10 hours post treatment.
- Avoid direct sunlight and do not use a tanning bed for at least 2 weeks post treatment.
- Keep the skin cool - avoid heat, excessive exercise and swimming/steam room/sauna for up to 14 days post treatment.
- Use the post procedure products supplied by your clinician only. Do not use facial oils, aqueous/ emollient creams and avoid high percentage AHA and BHA products for up to 14 days post treatment.
- Do not undergo any facial treatments for at least 2 weeks post treatment.
- This includes dermaplaning, microneedling, laser, facial fillers and facial waxing/threading.
- Do not pick or pull peeling skin.
- Protect your skin with a broad spectrum SPF!

