

## G+T AESTHETICS

GRACEFUL . TASTEFUL

## CHEMICAL PEEL AFTERCARE INSTRUCTIONS



AVOID THE SUN/UV LIGHT. USE SPF 50+ FOR AT LEAST 6
WEEKS AFTER.



AVOID SWEATING,
SAUNAS, SWIMMING
ETC. UNTIL YOUR
SKIN HAS RECOVERED.



USE A SOAP FREE FACIAL CLEANSER.



DO NOT PICK AT YOUR PEELING SKIN.



CLEAN YOUR FACE AND PAT DRY.



DO NOT USE RETINOL WITH COOL WATER OR ALPHA HYDROXYL ACID (AHA) WHILE YOUR SKIN IS RECOVERING



MOISTURIZE REGULARLY, MORNING AND NIGHT, WITH A WATER-BASED FORMULA FREE OF CHEMICALS/IRRITANTS.



WAIT 14 DAYS TO USE AN EXFOLIATOR ON YOUR SKIN, DEPENDING ON THE LEVEL OF YOUR CHEMICAL PEEL.



USE YOUR ESTHETICIAN'S RECOMMENDATIONS FOR TREATING PARTICULARLY DRY OR ITCHY AREAS THAT YOU MAY BE TEMPTED TO PICK OR ITCH.